

What is the Rosary?

The Rosary is a collection of prayers that help us think about times in Jesus' life. During each memory we say an Our Father, 10 Hail Marys and a Glory Be. This group of prayers is called a decade and there are five of them. Each one we think of a different memory (called a mystery) and these are in sets from different times in Jesus' life—see Mysteries of the Rosary.



The Rosary Info Sheet

Where did it come from?

St Dominic said Mary came to him in a vision, and she explained the rosary to him, telling him it would help bring people to Jesus.



Mysteries of the Rosary

When we pray the rosary we think of a set of five memories from the lives of Jesus and Mary. There are four sets of memories and we call them mysteries:

- Joyful Mysteries—Jesus' childhood;
- Luminous Mysteries (Mysteries of Light)—Jesus' adult life
- Sorrowful Mysteries—The events of Good Friday
- Glorious Mysteries—What happened after Jesus' Resurrection

Why pray the Rosary?

It helps us get closer to Jesus and Mary. It helps us remember Jesus' experiences the same feelings we do!



The Joyful Mysteries

These mysteries remind us that Jesus shared a normal family life, he was born he had parents, cousins. He was dedicated in the temple like every Jewish boy and he grew in wisdom as he got older. Most importantly though, these mysteries show us that wherever he was he brought joy.
Jesus can bring you joy too.

1. Annunciation (Angel Gabriel appears to Mary) *Luke 1:26-38*
2. The Visitation (Mary visits Elizabeth) *Luke 1:39-56*
3. The Nativity (Jesus' Birth) *Luke 2:1-20 or Matthew 1:1-12*
4. The Presentation (the baby Jesus is brought to the Temple) *Luke 2:22-40*
5. The finding of the child Jesus in the Temple *Luke 2:41-52*





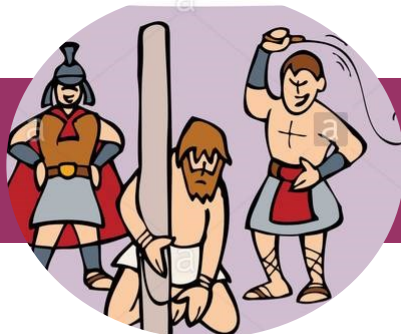
The Luminous Mysteries (Mysteries of Light)

These mysteries are called luminous because in the events of these mysteries the light of God is revealed in Jesus. They show us that Jesus was not just some ordinary man, he's even more extraordinary than a prophet but he is actually God.

Jesus is Emmanuel—God with us.

1. The Baptism of Jesus *Matthew 3:1-17*
2. The Wedding at Cana (Jesus turns water into wine) *John 2:1-11*
3. The Proclamation of the Kingdom of Heaven (Jesus' teaching and promise of Heaven) *Matthew 4:17-5:16*
4. The Transfiguration (When Moses and Elijah appeared with Jesus) *Luke 9:28-36*
5. The Institution of the Eucharist (The Last Supper) *Matthew 26:26-30*



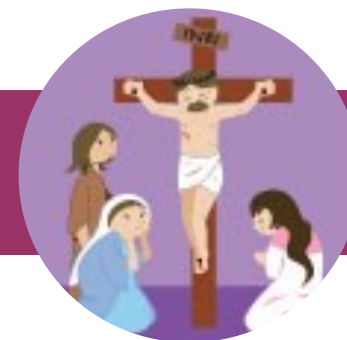
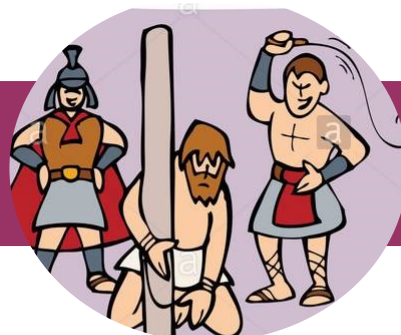


The Sorrowful Mysteries

These mysteries follow the shortest amount of time, one day — Good Friday. These Mysteries remind us that Jesus has felt great pain and loss, Mary suffered too watching her son go through this, they suffer so we know that we are not alone.

Jesus is with us in the bad times as well as good.

1. The Agony in the Garden (Jesus sorrowful prayer and his arrest) *Matthew 26:36-50*
2. The Scourging at the Pillar (Jesus being whipped and beaten) *John 18:38-19:1*
3. The Crowning with Thorns *Matthew 27:27-30*
4. The Carrying of the Cross *Luke 23:26-31*
5. The Crucifixion (Jesus' death on the Cross) *Luke 23:33-49*





The Glorious Mysteries

These mysteries are all about hope. The sorrow of Good Friday is gone and we see what is promised to us: eternal life, the power of the Holy Spirit in our lives, and the joy of being in heaven for eternity. Mary shows us that when we follow Jesus and trust him the rewards are beyond our imagination.

1. The Resurrection (Jesus rose from the dead) *Matthew 28:1-10*
2. The Ascension (Jesus going back to Heaven) *Acts 1:3-10*
3. The Coming of the Holy Spirit at Pentecost *Acts 2:1-8*
4. The Assumption of Mary (At the end of Mary's life her body & soul was taken up into Heaven) *John 14:1-3*
5. The Coronation of Mary Queen of Heaven *Rev 11:19-12:2*



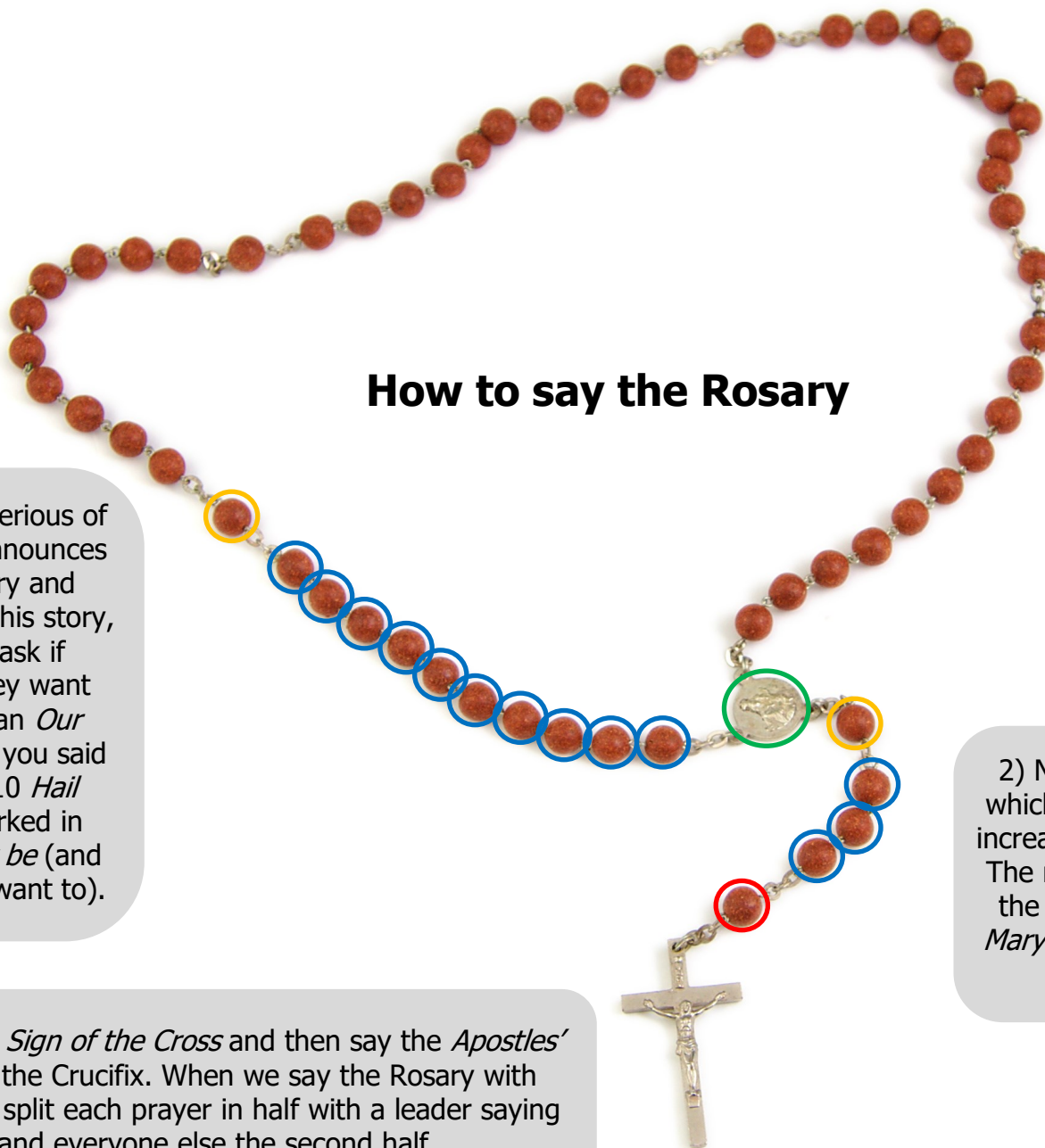


4) You then say an *Our Father* on the same bead you said the last *Glory Be* on and do the same of step three at each decade.

3) Now we start the mysterious of the Rosary. The leader announces the name of the mystery and allows people to think of this story, you may also want to ask if anyone has anything they want pray for. You then say an *Our Father* on the same bead you said the *Glory Be* on; then 10 *Hail Marys* on the beads marked in blue, followed by a *Glory be* (and the *Fatima Prayer* if you want to).

1) Start by making the *Sign of the Cross* and then say the *Apostles' Creed*, while holding the Crucifix. When we say the Rosary with others it is normally to split each prayer in half with a leader saying the first half and everyone else the second half.

How to say the Rosary



5) When you finish all five decades, hold the medal of Mary circled in green (some rosaries will just have a join), and say the *Hail Holy Queen*. Make the *Sign of the Cross* and know that Mary was praying with you and Jesus has heard all your prayers!

2) Next are the introductory prayers which we say for the Pope, and for an increase in us of faith hope and charity. The red circled bead is an *Our Father*; the three blue circled beads are *Hail Marys*, and the yellow circled bead is a *Glory Be*.

The Prayers of the Rosary

Apostles' Creed

*I believe in God,
the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, His only
Son, our Lord,
who was conceived by the
Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was
buried;
He descended into hell;
on the third day He rose again
from the dead;
He ascended into heaven,
and is seated at the right
hand of God the Father
Almighty;
from there He will come to
judge the living and the dead.*
I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

Our Father

*Our Father who art in
Heaven,
Hallowed be thy name;
Thy kingdom come
Thy will be done
On earth as it is in heaven.*
Give us this day our daily
bread;
And forgive us our trespasses
As we forgive those who
trespass against us;
And lead us not into
temptation,
But deliver us from evil.
Amen

Hail Mary

*Hail Mary, full of grace.
The Lord is with thee. Blessed
art thou amongst women, and
blessed is the fruit of thy
womb, Jesus.*
Holy Mary, Mother of
God, pray for us sinners, now
and at the hour of our death.
Amen

Hail Holy Queen

*Hail, holy Queen,
Mother of mercy, hail, our life, our
sweetness and our hope. To thee do we
cry, poor banished children of Eve:
to thee do we send up our sighs,
mourning and weeping in this vale of
tears.*
Turn then, most gracious Advocate,
thine eyes of mercy toward us, and after
this our exile, show unto us the blessed
fruit of thy womb, Jesus,
O clement, O loving, O sweet Virgin
Mary!
Pray for us, O holy Mother of God.
That we be made worthy of the promises
of Christ.

Let us pray:

O God, whose only-begotten Son, by His
life, death and resurrection, has
purchased for us the rewards of eternal
life, grant, we beseech Thee, that
meditating on these mysteries of the
most holy Rosary of the Blessed Virgin
Mary, we may imitate what they contain,
and obtain what they promise, through
the same Christ our Lord. Amen.

Sign of the Cross

In the name of the
Father,
And of the Son,
And of the Holy Spirit.
Amen.

Glory Be

*Glory be to the Father,
and to the Son, and to
the Holy Spirit,
as it was in the
beginning, is now, and
ever shall be, world
without end.*
Amen

Fatima Prayer

*O My Jesus, forgive us
our sins, save us from
the fires of Hell and
lead all souls to Heaven,
especially those who
are in most need of Thy
mercy.*
Amen.

Note: The text in *italic* print is said by the leader and the normal

text is the what is said as the response

